

sky sports



SPORTS  
ACADEMY



DEVELOPING SPORTING EXCELLENCE



We are looking for talented sportsmen and women to join Bolder Sports Academy.

Bolder Sports Academy provides students with a unique opportunity to achieve academic success while developing sporting excellence.

We specialise in netball and cricket.

Working with community partners, we provide expert coaching and pathways into elite sport.

# OUR PARTNERSHIPS



## Sky Sports

Sky Sports provide a unique insight into elite performance and career pathways in media. This includes:

- Career days off-site at the Sky Studios.
- School visits from elite sportsperson with practical masterclasses and insight into professional sport.
- A visit to Sky UP Academy Studios for an immersive learning experience that places students centre stage as media creators.

## NBNC Flames Netball Club

NBNC Flames Netball Club provides outstanding sports coaching and pathways to elite netball.

# HIGH-QUALITY COACHING PROGRAMME IN STATE-OF-THE-ART FACILITIES



Students will receive a high-quality coaching programme. This is led by our resident coach and England Netball trailblazer, Nina Bardowell. Nina is an excellent coach with over 30 years of experience working at all levels of the game. Nina also has a wide network of contacts with elite-level clubs across London and is a key member of the West London Junior Netball League.

Facilities include:

- Bolder Academy's high-specification, purpose-built sports hall.
- On-site fitness suite complete with cardiovascular and strength conditioning machines.
- Excellent flood-lit Netball courts.

# BOLDER NETBALL ACADEMY

Full-time programme	<b>A Levels or BTEC Sport</b>	Open to girls
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The Netball Cricket Academy provides talented students with a unique blend of academic study (A level or vocational), expert coaching, personalised training and high-quality competition.

As part of the Netball Academy, you will take part in:

- A minimum of six hours of weekly coaching led by Nina Bardowell (Head of NBNC Flames Netball Club) and her team. This includes coaching in skill development, strength, conditioning, and mental preparation.
- Regional and national competitive fixtures.

Opportunities include:

- Scouting for elite-level participation through NBNC Flames' extensive network.
- Completing the England Netball Level 1 coaching course worth £195.
- Taking part in peer mentoring programmes to develop employability and life skills.

**Completing the England Netball  
Level 1 Coaching Course**

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worth **£195**

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**BOLDER**